

Believe yourself! Trust Yourself! Never give up on your dreams!

By Charity Adams

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Believe in yourself! Trust yourself! Never give up on your dreams!

Things will occur that will challenge all of us from time to time, but believe in your dreams, be committed to achieving your dreams and continue the action steps forward that will lead you in that direction. Be committed to yourself and continue to grow as a person through personal growth and development.

We all have choices in life and each of us can choose to be successful in our Network Marketing business. It's a conscious decision. That's right, it is as simple as that. We can simply DECIDE to be successful. However, there is one more thing that goes along with that decision. We must follow that decision with an unbending belief in ourselves that the steps we're taking are the right ones that will lead to the success of our dreams and goals, even if it doesn't seem like it everyday. That's why it is important for a well-balanced Personal Growth and Development program to focus on and include, Belief and Self-Trust, Goals, Daily Action Steps, Understanding Fear and Self-Doubt, Affirmations, Prosperity, Law of Attraction & more.

We have the power inside ourselves to make things happen that will bring about the success we choose for ourselves.

I'm sometimes asked how long it will take to have a certain number of people in a downline or how long it will take to make a certain amount of money. I don't know the answer to that and it doesn't matter, because time is not the focus. When most people get started in Network Marketing, they're excited, inspired, touched in their very heart, but yet feel some challenges. That challenged feeling usually represents self-doubt or fears that haven't been addressed. By improving self-esteem and self-confidence through self-trust and belief, that challenged feeling can lessen and open up much more room for positive empowering feelings, which allows for the real personal growth to occur that is preparation for achieving your dreams. The learning experience and process becomes fun.

Earlier this year, I was in beautiful Cabo San Lucas, Mexico. What a wonderful place to experience. Being there, gave me the opportunity to create a bigger dream for myself than I had before. Being there gave me the opportunity to meet lots of new people and being there offered some experiences that I'd never had before. Wow! A chance to grow!

Now, while I was in that beautiful country, I continued to be the committed person that I am and I was always doing things that would continue my personal growth and the growth of my business. What did I do? I prospected, I continued self-development by reading personal growth and

development books and listened to tapes, and I wrote in my journal about my dreams, feelings, and experiences. So I actually did the same things that I do when I'm in my hometown, I just did them while vacationing in Cabo San Lucas and under very relaxed conditions.

I continually fill my mind with information to assist me in developing as a person, and I do that each day. It doesn't matter whether I'm in Maine, California, Mexico or anyplace in-between, I can do those things and grow personally anywhere.

Feed your mind with empowering information everyday. Believe in yourself. Have a plan and know what it is that you're going to do daily in your Network Marketing business to bring you the success of your dreams. Then, do it! Follow through and create the life you desire.

I've had many people tell me how fortunate I am. That it must be great to be where I am in personal growth and with my business. What they don't know is that I have a personal story that is filled with lots of disappointment. I had to learn just like everybody else. My persistence, determination, and belief in myself got me to the place where I am right now and I'm continuing to grow and evolve. I have huge dreams and goals that I've not yet achieved, but I know I will. I'm taking the steps toward achievement everyday.

Develop a belief in yourself, a Never-Give-Up attitude and the results will far surpass anything you or I can imagine. Personal growth and development is the foundation of positive change and it all begins with YOU.

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