

How to Unlock the Million-Dollar Idea Trapped in Your Mind.

By Daren Armstrong

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Unleash YOUR Creative Genius naturally. <http://theideatoolbox.com>

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Everyone, even the most left-brained, math-loving people have creative ideas locked away in their minds, and probably at least one, million-dollar idea. Sound unlikely? It's definitely not. People who claim to be void of creativity simply don't know how to unlock it.

According to Anthony Robbins, creator of the #1 bestselling audio program, "Unlimited Power," and fortune 500 consultant says, "Creativity is essential for those who desire to have, do and achieve anything they want out of life". Does that mean those of us who don't know how to unlock our creativity can't get what we want out of life? Absolutely not!

The ability to access innate creativity is a natural gift for some people, but it is a learned skill for others. For instance, did you know that we can all have 'creative inspirations' while wide awake but in a special reflective frame of mind that can be utilized naturally at least twelve times a day? And did you know that what you eat has a dramatic effect on the brain functions that control creativity? In fact, a certain popular food actually contains a substance used in sleeping tablets. Probably not the best thing for creativity. But there are also foods that enhance your creativity.

The point is, creativity can be cultivated in a variety of ways. But being creative is not something you can read about in a book and master in an hour. You have to be in the right frame of mind, and you have to know what works best to make your creative juices flow.

For instance, there is a theory that we use the left side of our

brain so much during an average day that it works more efficiently than the right side. The left side is working overtime at the speed of light while the right side is taking its sweet time moseying along. But exercise is proven to speed up that slow poke right side of the brain so it can catch up to the left, and meditation slows the left side of the brain to be in sync with the right.

There are myriad practical ways for people just like you to access your creativity as often as you wish. Even if you think you've never had a creative idea in your life, I promise, it's in you. You were a child once, weren't you? Well, have you ever met a child in your life who isn't creative? I haven't. Creativity is inborn in all of us, but some of us lose the more imaginative side of ourselves in a barrage of math and facts and routine. But that creative child lives inside you to this very day, and he or she has more creative ideas than you can possibly imagine. With the right key, you can let that child come out and play again.

Daren Armstrong is the creator of the breakthrough software 'The Idea Toolbox'. This one-of-a-kind software is packed with proven creativity inducing tools used by the most innovative and creative thinkers.

Want to unlock your creativity? Download 'The Idea Toolbox' at <http://www.theideatoolbox.com> .
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