

5 Tips for Planning Your Life

By Dawn Fields

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Discover God's Purpose for Your Life <http://www.yourlifespurpose.com>

My girlfriend and a friend, just recently took a trip to Rome. They were really excited because they were leaving the husbands and the kids at home and spending time with themselves to do something they enjoyed.

My girlfriend received all types of brochures and information regarding traveling in Rome--what sites to visits, the best hotels, the best places to eat, etc.

About a month before they were leaving, she had a complete itinerary of events to keep them stimulated every second of their vacation. A week prior to her departure she had her bags packed and knew exactly what she was going to wear, what day she was going to wear it and what she would be doing while she was wearing it on her visit to Rome.

This brought to mind how so many people spend time planning their vacations. They have one or two weeks given to them by their job and they are excited about the prospect of going away.

They plan where they are going to go. They plan what they are going to bring. They even plan a daily schedule of events so they don't miss the important sites they want to visit.

The same thing happens with wedding. The banquet hall is usually booked a year in advance. Each month there is a plan and a goal that has to be met in order for the wedding to run smoothly.

I started to think. Exactly how much time do we put into planning our lives?

The answer for most of us is NONE. We don't have life plans. We simply go day to day following a simple routine that we have programmed ourselves to follow. We do this mainly because we have not realized the purpose for our lives.

Let's start today. Let's live life with a purpose.

5 Tips for Planning Your Life

1. Find a quiet place and ask God for guidance. Ask him to reveal your purpose in life. And listen as your soul speaks to you.

2. Get a piece of paper and pencil and write down your thoughts of where you would like to be in your life this time next year. Let your imagination run wild. There's a saying, "If you can dream it, you can achieve it." Just dream about where you would like to be. You might want to own your own home next year, but right now you are living in a one-bedroom apartment. Don't think this is unobtainable. Write it down. You might want to start your own business and have it up and running by next year. Write it down.

Let your imagination flow and write down all of your dreams and desires.

3. Think of all the things you will have to do that will get you to the point you would like to be. This could mean you have to read a few self-help books, join an organization or two, research your field of interest volunteer or take a few courses.

4. Now break it down. What would you have to do this month that will move you closer to reaching your desire goals? What would you have to do this week? What would you have to do today?

5. Now do it!

Get in the habit of planning your life. It lasts even after the vacation and the wedding have ended. It's the most important plan you can make.

Remember, when planning your life, let your conscious (or soul) be your guide.

Dawn Fields is a motivational speaker and trainer who teaches church and youth organizations how to discover their life's purpose and incorporate it into a career. Visit her web site at www.yourlifepurpose.com or join her FREE weekly magazine by sending a blank email to yourlifepurpose-subscribe@topica.com.

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