

Desire and Discipline: Twin Sisters of Success!

By Lee Wise

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Desire says, "I want to."

Discipline says, "I will do what I need to do
until it gets done."

These are twin sisters of success.

DESIRE

The "key word" related to desire is *sustain.*

Sustained desire is the fuel that keeps me
pursuing my goals and reaching toward my dreams.

I sustain my desire by ...

1. Reviewing my *reasons* for doing what I want to do.
2. Reconnecting with my original vision.
3. Using creativity in the accomplishment of my daily tasks in order to keep myself fresh!

DISCIPLINE

The "key word" related to discipline is "decision."

I decide to act.

Again and again I act in the right way. I do what
needs to be done --

At the right time

In the right way
No matter how I feel.

I reinforce the "discipline habit" by ...

1. Creatively setting up my own accountability structures.
2. Celebrating my victories.
3. Keeping my "defeats" in perspective.

IT'S SO EASY!

Oh, and it is *so* easy to write about this stuff. So easy.

But hard to put into practice!

True confession: the untamed kitten of my past that has become a lion in my life is *self-discipline.*

Why say that?

Because I want the "real factor" to be a part of these thoughts. I'm not a drone. I don't have a set of component parts inserted inside of me to insure success in this discipline.

I struggle. But I try. I keep working at taming that lion!

SAVE THE SISTERS!

That's right ... save the sisters! Don't allow the pressures of life to diminish or even destroy your desire to accomplish that wonderful dream of yours.

Rekindle the flame!

Likewise, don't give up on building the habit of self-discipline.

Keep trying! It is worth the struggle!

Lee is a Seminary administrator, has a part-time business at home, and writes his own motivational mailing entitled "A Moment In Time." You may contact him at lfwise@aol.com or by visiting <http://www.retirequickly.com/89863> Permission

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