

Processing Life (Good Business Means Attending To the Business Of Life!)

By Lee Wise

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PROCESSING LIFE
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I was in chapel when 9/11 "hit." My reactions -- like yours I'm sure -- were varied.

Unbelief. Shock. Fear. Wondering what would happen next. And a whole host of other emotions.

I was "sorting things through." Processing life if you please.

The processing hasn't stopped there...

Since 9/11 we have been *very* closely involved with a family who experienced another unimaginable: a murder-suicide.

I spent a night in the ER and one more in the hospital. My wife has experienced a set back physically.

WHY SHARE THESE EXAMPLES?

Simple. I have noticed some patterns when I process "life on the more serious side."

I believe my tendencies during these "processing times" are good for me. They are *high value* times.

MY TENDENCIES ARE...

1. I tend to reflect more on "things that really matter."

*Spiritual issues.

*Matters of the heart.

*Relationships.

2. I tend to ask the follow-up question more frequently. And the follow-up question is... "What really matters here?"

3. I tend to be more aware of -- and thankful for -- the little things.

4. I tend to express my care and concern more freely. My wife may hear the words "I love you" a bit sooner than normal. She may also feel my hand holding hers more often.

5. I tend to say "I need help" earlier. Essentially, I don't care if I'm macho. I'd rather get the help!

TO REINFORCE MY POINT

"Processing life" can be a good thing. It may be a quality activity to do this week: the 9/11 week. Or any week for that matter!

THAT'S MY LIST: WHAT'S YOURS?

Could you use this week as a catalyst for:

*Asking, "What really matters?"

*Getting more "in touch" with your most cherished values? And by that I mean both what you value most and who you value the most in your world.

*Asking for help if you need it?

*Reading your own "spiritual thermometer?"

*Enjoying the little things of life?

I am quite confident you could add to this list. For sure, you could modify it. The question is: should you? And I don't have the answer to that question.

But I do know this...

IT CAN BE A GOOD THING TO DO!

We all know that to be about the business of life is a vital part of any business.

It doesn't matter if that "business" is in the home, at the office, teaching school, laying carpet, or a thousand other honorable tasks we term "our jobs."

Realistically, "the business of life" is our most important business. It is the foundation of every one of our daily life activities.

MAY YOUR LIFE BE SPECIAL!

As you and those you love process "life on the more serious side," I wish you well.

God bless America -- and you!

Lee is a Seminary administrator and has a part-time business at home. You may contact him at lfwise@aol.com or by visiting this link -- <http://www.retirequickly.com/89863>. For a sample of his free motivational ezine send a blank email to -- abeautifulsample@goldbar.net

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