

# Life Issues Pt. 3 - An Attitude Of Gratitude

By Nicholas Dixon

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Nicholas Dixon  
Oceanroc2003@yahoo.com

The Roc <http://WWW.Cafeshops.com/Oceanroc>

An Attitude of Gratitude. How important is this to you on your path to success ? I sincerely believe that everyone should consider this simple but effective fact. Being grateful for the things you possess in life will make your journey to success more smoother.

Gratitude wards off negativity and jealousy , which in turn makes you feel better about your self. Feeling good and positive about yourself makes you feel more confident in your abilities to succeed. I have personally use it to good effect and I can tell you that it works.

So what if others are better off or more educated than you ? Does this really make a big difference in your life ? You should always give thanks for the little or plenty that you have because someone out there would like to be in your shoes.

People will always be better or worse off than you and knowing this fact should make you more aware of who you are. Gratefulness plays a major role in your happiness , because it keeps you from being frustrated about what you don't have. The more you pay attention to what you have , the more it increases. And vice versa. That's just the hard cold fact. So what are you being grateful for today ? Look around you and you will be surprised to find a few !!!

To your success and mine .....

Nicholas

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Nicholas Dixon is the CEO of Oceanroc Web Consulting. Subscribe to The Roc newsletter @ <http://WWW.Cafeshops.com/Oceanroc>

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