

Overcoming Adversity

By Rose Smith

Overcoming Adversity

Rose Smith
rose@wedthemes.com

Wedding Themes and More <http://www.wedthemes.com>

OVERCOMING ADVERSITY

Copyright 2001, Rose Smith
<http://www.wedthemes.com>
mailto:rose@wedthemes.com

One of the biggest challenges people starting a home based business face is the adversity of friends and family regarding their new venture.

It's hard to keep a positive attitude when faced with a multitude of negative comments that are designed to make you feel inadequate. And that's basically what these negative comments do. They make you question yourself and your abilities.

Often the reason behind the negativity of family and friends is because, they too often secretly dream of being on their own, but lack the courage and confidence to take action. So, they voice their own doubts to you. I don't think they truly want to see you fail, but if you do, then they have the satisfaction of knowing they were right in their own choices of sticking with traditional employment, rather than stepping out on their own.

The problem with this is that you often find yourself defending your views and beliefs that you are doing the right thing by becoming self-employed. It can be hard to keep a positive attitude when you, yourself, harbor secret doubts.

But that's what you must do. When you receive negative comments, you have the choice to listen to them and reinforce any doubts in your mind, or you can turn that negativity into a positive thought instead.

Don't try to argue with those people, it will get you no where.

They have their beliefs and you have yours...that you WILL succeed because you have faith in yourself. Sometimes, a comment such as, "I appreciate your concern, but I believe I can do this. Perhaps you have some ideas that will help me to succeed" can turn the tables. Just a simple comment can stop them in their tracks and get them to look at positive ways to help.

It is important that you stay motivated in your endeavors. Read motivational books and success stories of others who have successfully made the transition from employee to self-employed. These will bolster your spirits and show you that it can be done.

Reaffirm your commitment to succeed daily with positive quotes posted around the house or near your work area. Here are a few of my favorites:

The best way to predict the future is to invent it.
...Alan Kay

To be a success in business, be daring, be first, be different.
...Henry Marchant, 1789

Fear begins to melt when you take action toward a goal you really want.
...RGA

Reach high, for stars lie hidden in your soul. Dream deep, for every dream precedes the goal.
...Pamela Vaull Starr

=====
If you're looking for unique wedding theme ideas, check out Wedding Themes and More. Our ebook, How To Create a Beautiful Medieval Wedding walks you through every stage of planning a medieval/renaissance wedding, from choosing your attire to honeymooning in a castle. Visit us today at: <http://www.wedthemes.com>
=====

[Get-Articles.com](http://www.getarticles.com) : 1000's of reprintable business and internet marketing-related articles.

[Submit your article for reprint.](#)