

Learn How Important It Is To Stay Motivated

By Bob Brolhorst

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Eight Ways To Some Great Days

1) In a hole? Set a goal. Goals equal success, success equals goals. If you're not satisfied with where you are, don't just hope things will get better and go off in any random direction. Decide what you want. Be specific and write it down.

2) Who you see is who you'll be. Imagine what you want and work toward that. Get a clear vision of what you will be when you achieve your goal.

3) At the start, play the part. Once you see yourself as having achieved your goal, act as if you have; i.e., perform at maximum levels. Be what you can be and you will be.

4) Take choice over the inner-voice. It's easy to do what's convenient rather than what's necessary or to be negative rather than positive. Choose to believe what you really want. Have the courage to embrace the greatness for which you were born.

5) Don't debate, find what's great. Don't argue or try to defend yourself when things don't go right. Every adversity contains the seed of at least an equal blessing. If you waste energy trying to stop the rain, you'll completely miss the rainbow!

6) After falling down, go one more round. Be resilient. Develop the ability to bounce back. Instead of using the word "failure," use "setback" or "challenge." Make it more positive. But, on the other side, if you don't experience some setback now and then, maybe your goals aren't set high enough. The phrase that you learn from your mistakes is not a myth. It is what made people like Henry Ford and Donald Trump the successful people that they became.

7) For super style, live in the NOW. You're working toward the future, but true success is the progressive realization of a worthwhile goal. Don't overlook the

joys of today. The past is past, don't despair, learn from it . Don't allow your future to become a prisoner to the tyranny of the past. Wherever you are, be there!!!

8) Going all out will give you clout. Enthusiasm is power. Always make sure you're moving toward something you want to do or be or can be excited about, and then do it with all your might.

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