

7 Feng Shui Tips for Creating Environments That Propel You Into

Your Best Year Yet!

By Vicky White

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Now is a great time to be setting the stage for 2003. It's time to be making space for more of what you want and stretching those possibility muscles. Are you ready to propel yourself to the next level?

By creating environments that pull you forward, you are supported in living your best life. This could mean setting a deadline that pulls you forward in the action you need to take, or creating a physical environment that changes your energy.

1. What you would regret not having done if you knew you had one week to live? What is one step you could take this week towards reaching this goal? Can you find a picture or object you can place in your home to symbolize your goal? In Feng Shui this is known as an enhancement, and will serve as a powerful anchor to your intention.

2. Clear your clutter - this is the biggest thing you can do to create space for the new. You can never do it too often! Anything that is draining your energy needs to be addressed. You need all your energy to live a full life. Surround yourself with things that make your heart sing!

3. What do you have on your walls? Your artwork is supporting you or working against you. Make sure you consciously choose your artwork for what it says to you rather than whether it matches the color scheme in your home! And, make sure it's saying what you want it to be saying.

4. Find pictures in magazines that appeal to you and make a collage or 'treasure map' by arranging them on poster board. This can be on a specific goal, such as travel or prosperity, or it could be on all the different aspects you would like to have in your life.

5. Write a descriptive piece as if you have already reached your goal. Where are you living, what are people saying to you, how do you feel when you get up in the morning, what do you do with your day etc? Write it in the present tense as if its happening now, and put as many emotions into it as possible. Write it out on your favorite colored paper. For additional power, you can use this as a Feng Shui enhancement. For information on where different aspects of your life, such as prosperity, are represented in your home or room see: <http://www.LifeDesignStrategies.com/BaguaMap.html>

6. After you've cleared your clutter, using the Bagua Map, decide which area you would like to enhance. Do you want to increase your prosperity, improve your relationships, maybe travel? Place something that symbolizes this for you, in that particular area of your home or office.

7. Surround yourself with people who support you and inspire you to be your best. Friends who remind you of who you are when you forget, and friends who will lovingly be honest with you, will support you in your dreams.

The Universe has many more resources and ideas than you do!
It's your job to stay focused on the outcomes you're choosing, create environments that pull you forward, and watch for synchronicity and surprises.

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Vicky White is a Certified Feng Shui Consultant and Life Coach who works with clients both locally and internationally.

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