

# Top 5 Feng Shui Tips for Your Office

By Vicky White

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Feng Shui is the ancient art of improving every aspect of your life by enhancing your environment according to the principles of harmony and energy flow.

Its purpose is to remove blockages to the free flow of energy, to allow possibility to enter your life, and to bring alignment to your inner and outer selves. FS teaches us to join forces with our environment to create heaven on earth.

These tips can help you build an environment of success in your workplace.

1. Place your computer and desk in the 'power' position. The ideal placement for the computer monitor is on the desk in front of you in a position that still allows you to see the door of your office. If you cannot see the door when facing your computer, your nervous system will be on alert for surprise visits. If you cannot move your computer, you can restore good Feng Shui by arranging a mirror that gives you a clear view of the door. A small convex mirror designed for use on car side mirrors can be purchased and stuck on the side of your computer. Cost, about \$3.00.
2. Make sure everything at your desk allows you to be comfortable. A good combination glare screen/radiation filter to prevent headaches and eyestrain, a comfortable chair that doesn't squeak, comfortable keyboard and arm position, a mouse that fits your hand etc. Anything that causes you discomfort will drain your energy.
3. Clear the clutter in your office. Clutter is anything unfinished, unused, unresolved, tolerated or disorganized. When we clear our clutter we get into our power and create a space for new things to come into our lives. You will have more energy and creativity to design your life to reflect your authentic self.

Clutter will stop you thinking clearly, and you will spend valuable time searching for what you need. Clutter is like emotional constipation - it bogs us down. Filing cabinets need to be regularly purged and desktops kept clutter free.

If in doubt, ask yourself, "Do I love it, do I use it, and does it raise my energy?"

4. Keep your computer clutter-free. How is your Inbox? Create Folders to file emails you want to refer to. If you see hundreds of emails when you open your Inbox, you will feel overwhelmed. Of course, it is important to regularly go through all your folders to delete emails no longer needed. Once a week check your Deleted Items folder and empty.

Is your Desktop full of shortcuts to programs from a past life? Do you have programs on your computer you never use? Computers are great clutter collectors, and like us, they work better if we keep them decluttered.

5. Enhance your Prosperity CornerAs you enter the door of your office, the far left hand corner is your Wealth and Prosperity corner. What do you have there? Clutter in this area will definitely be affecting your prosperity.

This would be a good place for a small tabletop fountain, a valuable item or even an affirmation of what you want to attract. Blues, purples and reds are the colors for this area. Can you include one of these colors in something that makes you feel prosperous?

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