

# Step Up and Become Yourself

By Brian Partlow

Step Up and Become Yourself

Brian Partlow  
brian@interneteasystreet.com

InternetEasyStreet <http://www.interneteasystreet.com>

Step Up and Become Yourself!  
by Brian Partlow

Have you ever noticed you can be anywhere when a sudden flash of insight hits you? You know, you're walking through the aisles of the store, or you're driving down the road or maybe you're in the shower and out of nowhere, you're knocked over by a sudden flash of insight that just screams "Ah hah!"

Well, this particular morning, I was getting a little exercise in on my Nordik Track, taking a mental break flipping through the channels, when I came across a video by Sting, the famous ex-front man for the 80's band, The Police. I was awe inspired by how far he had come. Thinking back to those early Police videos, remembering how lanky and awkward he appeared.

Then it occurred to me that he had such a presence in this new video. He had really grown over the years, he had really stepped up to the plate, he had become...

and then BAM, it hit me!!

He STEPPED UP and BECAME HIMSELF!!

Think about it! He's still the same person he was when he was born. But, he has changed; he has risen to the challenge of stardom.

He quite literally has transformed himself to become himself...the self he had desired to be.

Now, think about applying that to your own life. What is it that you want? It may not be to have hit records or music videos (though, it may very well be!). But,

you want success in your life, whatever that means to you, don't you?

You may be promoting an Internet site, or selling things on eBay, or building an exciting MLM company. It doesn't matter. In any case, this is your chance to step up and become yourself.

If you haven't met with the success that you know you're capable of, now is your chance. If you've had moderate success or even great success, now is your chance to take it even further, to take it to the next level.

Becoming yourself takes discipline but, there are only 5 steps you'll need to follow. Only a few steps that you'll need to master that will have you looking back at yourself in a year, or in 6 months or possibly in just 90 days and thinking, "I've done it. I've become the incredible person I always knew I was capable of becoming!"

(It's important to note though, the time it takes isn't important, and it will be different for everyone. But, even if it takes 5 years or longer, the rewards to your own life, and the lives of all the people you come in contact with, will be immeasurable. What is important is you put in the effort, step up and become yourself...the person you truly desire to be.)

Here are the steps:

1. Clearly define your passion. What would make you wake up early in the morning and keep you up late at night because you couldn't get enough of it? Look deeper than the money. Is it time with your family or the ability to donate time or money or both to one or more charities? Take the necessary time to figure this out. This is key! What is your passion?!
2. Get quiet and internalize this desire. Sit somewhere you won't be disturbed for 15 or 20 minutes. Close your eyes, and visualize your end goal vividly and with all the emotion you can muster. Hear the sounds, see the sites, and feel your reactions to your new environment as you are the new you, the person you desire to be!! In your minds eye, play the part of movie director and direct the film of your life. Doing this 2 to 3 times a day, first thing when you wake up, just before drifting off to sleep and sometime in the middle of the day, would be ideal.
3. Start to act as if you are already that person.

Because, after all, you are! Start to react with the new confidence that you see yourself having as if you were already driving that brand new millennium silver metallic Lexus SC 430 hardtop convertible with the black leather interior!! Whenever you feel yourself slipping into your old postures, catch yourself and vividly picture yourself stepping up!

4. Take action! It doesn't matter what plan you chose to launch yourself toward success, just get after it and proceed like there's no stopping you. The world will step aside for a person with clearly defined objectives and a strong desire to attain them. Don't wait for all the right conditions; there will never be a perfect time to get started. The lights will never be all green at the same time and there will be detours along the way. The important thing is to get started immediately! The path will become clear as you move forward.

5. Frequently evaluate your progress. Make minor adjustments along the way. Be flexible in your plan but, steadfast in your objective. As Socrates advised a traveler trying to reach Mount Olympus, "If you truly want to reach Mount Olympus, just be sure every step you make is in that direction."

You have the power within you to do great things. And, once you achieve the great things you are striving for, you will be able to do even greater things. Stop looking outside yourself for the key to success, it's inside you right now and always has been! All you need to do is...Step Up and Become Yourself!

(c) 2003 Brian Partlow

\*\*\*\*\*

Brian Partlow is a success mentor. You are invited to join him in all the "unfair advantages" now available to you as you Step Up and Become Yourself!!

<http://www.interneteasystreet.com>

<mailto:brian@interneteasystreet.com>

\*\*\*\*\*

[Get-Articles.com](http://www.get-articles.com) : 1000's of reprintable business and internet marketing-related articles.

[Submit your article for reprint.](#)